

**JANUARY-JUNE 2024** 

#### A MESSAGE FROM OUR PRESIDENT MARIA LEGAZ

Dear friends, we are continuing with our two weekly centres, Monday and Tuesday at Manly Vale and Abraham Mott Hall.

Over the past few months, we have continued with our events and excursions.

We have had the opportunity to celebrate, chat, sing and dance with our friends. Allowing them the opportunity to create new and lasting friendships.

#### **CELEBRATING VALENTINE'S DAY**

In February we celebrate Valentine's Day or the Day of Love and Friendship, a holiday of Catholic origin that commemorates the good works done by Saint Valentine of Rome, related to the universal concept of love and affection.







## SENIOR CRUISE ON SYDNEY HARBOUR

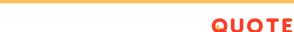
In March we enjoyed a lovely morning strolling around Sydney Harbour with Bingo,
Trivia and some great company.











Recording is easy for those who have memory. Forgetting is difficult for those who have a heart" Gabriel García Márquez





### **EXCURSION - WALKING THE CHURCHES**

In April we spent a wonderful day walking through three of the Catholic churches in Sydney City. Spanish style lunch at En Casa.





# **MOTHER'S DAY**

In May celebrations for all the beautiful Mothers,
Grandmothers and Great-Grandmothers of SCCA. Live music
and special lunch.











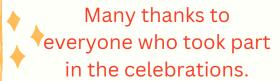
# **COCKATOO ISLAND TOUR.**







Cockatoo Island is a source of intrigue and inspiration for visitors due to its heritage buildings, distinctive terrain and panoramic views.



### **OUR CONDOLENCES**

We offer our condolences and sympathies to all those who have lost loved ones during this semester. Our thoughts and prayers are with you.