

# NEWSLETTER C SCCA

**JULY TO SEPTEMBER 2023** 

#### **MESSAGE FROM OUR PRESIDENT MARIA LEGAZ**

Dear friends, I sincerely thank all our members, staff and volunteers for contributing to what has been an amazingly successful few months. Our SSCA community members have enjoyed a series of engaging experiences both in and out of our centres. We want to give special thanks to Caixa Bank and the Ministry of Inclusion, Social Security and Migration of the Spanish Government for their great support for the activities of this Association.

Our Monday and Tuesday Day Centres at Manly Vale and Abraham Mott Hall continue each week with great success, and over the last few months, we were able to organise a range of special activities. These included watching a fabulous Flamenco Show at the Riverside Theatre in Parramatta, as well as hosting a joyous Christmas in July event and celebrating Father's Day at our Abraham Mott Hall location in Millers point.

We also undertook a range of excursions, including visiting the Cherry Blossom Festival at the Auburn Botanic Gardens, and exploring the wonderful outdoors locations of Barangaroo Reserve and Narrabeen Lakes.

I am looking forward for our next activities.

# **Special activities**

#### Flamenco Show

On the 21st of July, members of SCCA enjoyed viewing the fabulous Flamenco show "Perceptions", the new exhibition of dance artist Pepa Molia, performed at the Riverside Theatre in Parramatta, followed by a delicious lunch among friends.









#### **Christmas in July**

SCCA members enjoyed singing along to Christmas tunes and showing off their dance moves during our Christmas in July event.





# Father's Day

In September, we celebrated all the fathers at SCCA by offering them a special gift and indulging in some cake.









# **Excursions**

#### **Cherry Blossom Festival**

On the 25th of August, we ventured to the Cherry Blossom Festival at the Auburn Botanic Gardens. Walking through the iconic 'Cherry Trail', we were able to witness the pink cherry blossom trees, known as Sakura, in full bloom. A real spectacle!







# Barangaroo Reserve and Narrabeen Lakes

Taking advantage of the warm spring weather, in September we explored both the wonderful views at Barangaroo Reserve, as well as enjoyed a tranquil walk along Narrabeen Lakes.

The excursion at Narrabeen was also followed by a fantastic lunch at The Dugout Cafe overlooking the lake!











On Monday our Manly Vale group, located at Manly Vale Community Centre, participate in a range of events and activities. These months' highlights included participating in Tai Chi, and the Seniors Festival.









# **SCCA Birthdays**

Birthday Celebrations at Abraham

Mott Hall



#### **Our Condolonces**

We offer our condolences and sympathies to all those who have lost loved ones in these months. Our thoughts and prayers are with you,.